

JUNIOR INSTRUCTION

Future Stars (8 and under)

This is a fun filled and high energy tennis instructional program. Basic tennis and motor skills will be taught and lead to play on a “short” court. Red and Orange balls are used. All skill levels are welcome.

Rip and Rally (9 and up)

In this group, players learn everything from proper grip to how to keep score! Technique will be stressed. At the same time, we introduce rallying and point play at a much younger age than in years past to keep kids coming back for more! Green and yellow balls are used.

Tournament Prep (Jr high and up)

Designed to prepare students for team and match play, the focus will be consistent stroke production, solid fundamentals and point construction. Many drills will involve point play!

Junior Match Play (Must be able to score)

Parent drivers chaperone players to local country clubs for interclub match singles and doubles play!

ADULT INSTRUCTION:

Cardio Tennis (Co-ed)

This is a fun group activity featuring drills to give players the ultimate workout. It’s a great way to get in shape and burn calories. ALL LEVELS WELCOME

LINKS Tennis for Life (Beginners and rusty adults Level 2.0-2.5)

Learn the strokes and movement needed to start rallying with your friends! Emphasis is having fun while learning proper technique, scoring, positioning and tennis etiquette.

LINKS LADIES (Intermediate Level 3.0 and above)

Players will enjoy this combination of instruction and conditioning! A faster paced workout!

PICKLEBALL (All levels welcome)

Match play rotations and complimentary pub service to the courts!