



NEW ALBANY LINKS SWIM TEAM 2016

The New Albany Links Swim Team is once again a part of the Suburban East Swim League along with teams from Eastmoor, Foxboro, Hilltop, Hunter's Ridge and London. We are looking forward to another exciting year as we watch our team continue to grow. This league provides skillful competition yet maintains its emphasis on good sportsmanship!

Parents are reminded that the NAL swim team is not a substitute for swim lessons. This is a swim team and friendly competition prevails. Please do not register your child if he/she cannot swim a complete length (25 meters) of the pool. This will be enforced. The New Albany Links Swim Team is designed to introduce swimming on a competitive, yet recreational level. We want to make this season as enjoyable and successful as possible; therefore, it is important to regularly attend practices. Then, when meet day arrives, all swimmers are prepared to swim! This year, the New Albany Links will be hosting two home meets and will have three away meets. Championships are held at the Gahanna Community pool.

PRACTICES

1ST PRACTICE IS SCHEDULED FOR TUESDAY, MAY 31ST

Monday and Thursday Evenings:

- 7:00-8:00 pm Swimmers 8 and Under
- 8:00-9:00 pm Swimmers 9 and Older

Tuesday Mornings:

- 10:30-11:15am Swimmers 8 & Under
- 11:15-12:00am Swimmers 9 & Under

Wednesday Morning:

- 10:30am – 11:30 am Starts & Turns Practice, with Breakfast to Follow

***THE COACHES ASK THAT IF YOUR CHILD IS CAPABLE OF SWIMMING WITH THE OLDER AGE GROUP TO PLEASE COME TO THE VARSITY PRACTICE AS THE POOL GETS VERY CROWDED WITH THE YOUNGER AGES**

SWIM MEETS

If a meet must be missed, please let the coaches know as soon as possible. They need to be able to schedule events and relays prior to the meets. This advanced planning makes the meets run smoothly and quickly; therefore your cooperation is necessary. Coaches can be notified at practice or by email.

COST

\$125.00 Per Swimmer
(\$100 for each additional swimmer per family)

SUBURBAN EAST SWIM LEAGUE
2016 SCHEDULE

- Wednesday, June 8** Mandatory Coaches' & Board Meeting and meeting for parents who would like to be stroke/turn judges - 7:00 at Hunter's Ridge.
- Wednesday, June 15** London @ Foxboro
Hunter's Ridge @ Eastmoor
New Albany Links – BYE
- Wednesday, June 22** Eastmoor @ London
New Albany Links @ Foxboro
Hunter's Ridge - BYE
- Wednesday, June 29** Foxboro @ Hunter's Ridge
London @ New Albany Links
Eastmoor - BYE
- Wednesday, July 6** Eastmoor @ New Albany Links
Hunter's Ridge @ London
Foxboro – BYE
- Wednesday, July 15** Foxboro @ Eastmoor
New Albany Links @ Hunter's Ridge
London - BYE

Times for the dual meets-swimming warm ups @ 5:00 & meet starts @ 5:30

Cash will be accepted at the snack shop &
NAL will offer cook out style items from the grill at all HOME MEETS.

- Wednesday, July 22** **All League Swimming Preliminaries @ Gahanna Swim Club**
JV warm ups at 12:00. JV Meet starts at 12:30.
Varsity warm ups at 4:30, Varsity meet starts at 5:00.
- Thursday, July 23** **All League Swimming Finals @ Gahanna Swim Club**
Warm-ups at 4:30 with the meet at 5:00.

SIGN UP

Please contact Matt Reeves with your sign up information:
(See email below)

Child's Name (1) _____ Age _____

Child's Name (2) _____ Age _____

Child's Name (3) _____ Age _____

Parent's Names _____

Email Address (1) _____

Email Address (2) _____

Phone Number _____

Member Number _____

Vacation Date(s) _____

YOU MUST BE A NEW ALBANY LINKS SOCIAL MEMBER TO PARTICIPATE ON THE SWIM TEAM!

HEAD COACH

JOHN SANDS | JTSANDS@GMAIL.COM

MATT REEVES | MREEVES@NEWALBANYLINKS.COM